

To understand NMR you need to know the following:

A. Physics: Moving charge generates a magnetic field, and a moving magnetic field causes charges to move in a conductor.

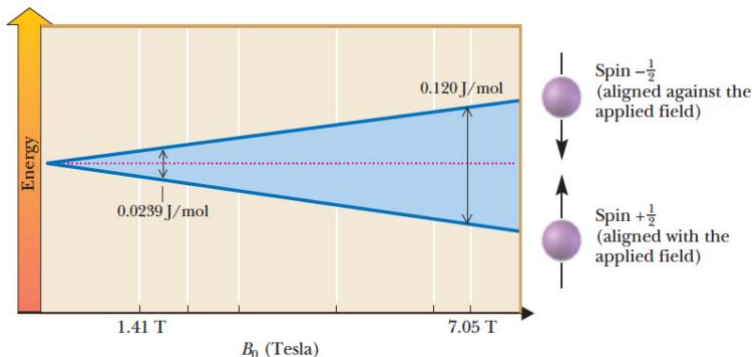
B. Atomic nuclei, like electrons, have a quantum mechanical property of "spin". Spin can be thought of as a small magnetic field around the nucleus created as if the positive charge of the nucleus were circulating.

C. NMR, nuclear magnetic resonance, is used to assign structures of organic molecules.

D. We care about the nuclei  $^1\text{H}$  and  $^{13}\text{C}$  since these are commonly found in organic molecules and they have spin quantum numbers of  $1/2$ .

E. Nuclei with spin quantum number  $1/2$  are quantized in one of two orientations, " $+1/2$ " (lower energy) or " $-1/2$ " (higher energy) in the presence of an external magnetic field, that is, with and against the external field, respectively.

F. The difference in energy between the  $+1/2$  and  $-1/2$  nuclear spin states is proportional to the strength of the magnetic field felt by the nucleus.



G. Electron density is induced to circulate in a strong external magnetic field, which in turn produces a magnetic field that opposes the external magnetic field. This **shields** nuclei from the external magnetic field. The greater the electron density around a nucleus, the more shielded it is, and the lower the energy (frequency) of electromagnetic radiation required to flip its nuclear spin.

H. In the classic  $^1\text{H}$ -NMR experiment, the molecule of interest is placed in solvent (the solvent has deuterium atoms in place of H atoms so the solvent molecules will not show up in the spectra, see R.) then is put in a spinning tube in a very strong magnetic field. The sample is exposed to radiofrequency irradiation and if it is of exactly the right frequency energy is absorbed and spins flip from  $+1/2$  to  $-1/2$  (come into resonance). The absorbed energy is plotted in the spectra.

I. All  $^1\text{H}$ -NMR spectra are recorded as **chemical shift ( $\delta$ , delta)** in the units of **ppm** (parts per million). Shielding magnetic field effects are around 1 millionth as large as the external magnetic field in which the sample is placed. Tetramethylsilane (TMS,  $(\text{CH}_3)_4\text{Si}$ ) is placed in the sample as a standard and assigned the value of 0.0 ppm. **Warning the NMR scale is plotted "backwards", with higher values to the left!!**

Certain nuclei such as  $^1\text{H}$  nuclei have a quantum mechanical property called that comes with an associated

$^1\text{H}$  nuclei can exist in two different,  $+\frac{1}{2}$  and  $-\frac{1}{2}$ .

In a , the nuclei with spin line up with  $(+\frac{1}{2})$  and against  $(-\frac{1}{2})$  the magnetic field.

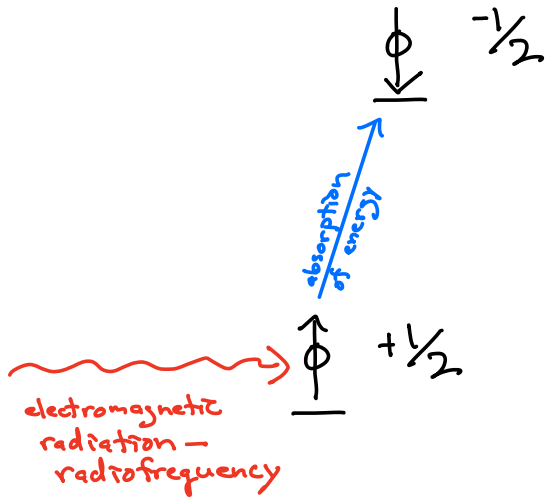
Nuclei in the are of lower energy and nuclei in the are of higher energy in a magnetic field.

The between the  $+\frac{1}{2}$  and  $-\frac{1}{2}$  spin states

nuclei experienced by the

of exactly the right energy (i.e. frequency) is by  $+\frac{1}{2}$  spin state nuclei causing them to to the  $-\frac{1}{2}$  spin state.

NMR experiment  $\rightarrow$  place sample of a molecule in a very strong magnetic field



The energy absorption/nuclear spin flipping phenomenon is called "Resonance"

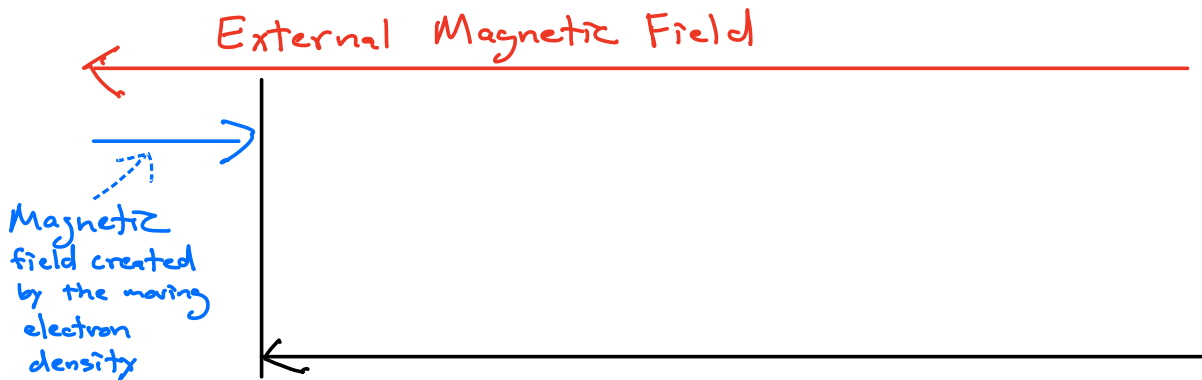
The  $^1\text{H}$  nucleus of spin state  $+\frac{1}{2}$  absorbs a quantum of energy of precisely the correct frequency and the nucleus is "excited" to the  $-\frac{1}{2}$  spin state.

Key Point → The energy of the of electromagnetic energy that is absorbed must match exactly the energy difference between the  $+\frac{1}{2}$  and  $-\frac{1}{2}$  nuclear spin states for resonance to happen

We monitor the energy that is absorbed by the nuclear spins as they flip

## Shielding $\rightarrow$ explanation

The external magnetic field induces electron density to circulate, which creates its own small magnetic field that will always directly oppose the external magnetic field.

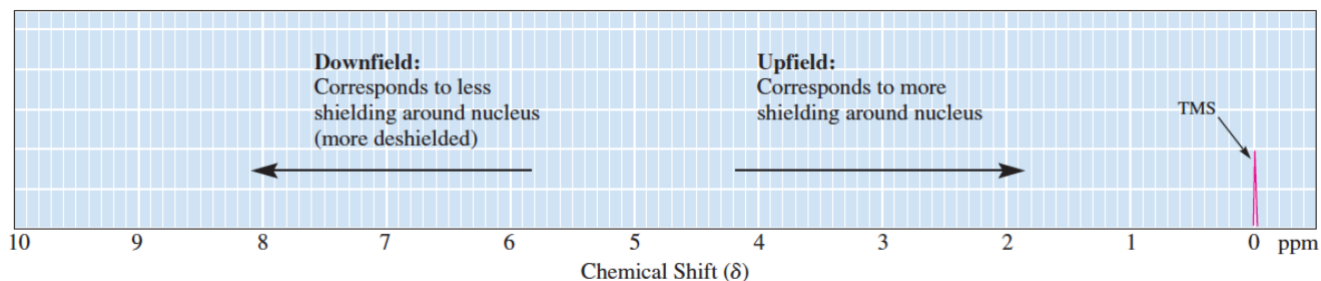


The magnitude of the magnetic field experienced by a nucleus under the electron density.

Shielding Bottom Line  $\rightarrow$   
 $\Rightarrow$  More electron density generates  
a

so a nucleus under more electron  
density experiences a

$\Rightarrow$  More electron density around a  
nucleus provides of  
the external magnetic field



J. The hybridization state of carbon atoms attached to an H atom influences shielding in predictable ways by removing differing amounts of electron density around adjacent nuclei.

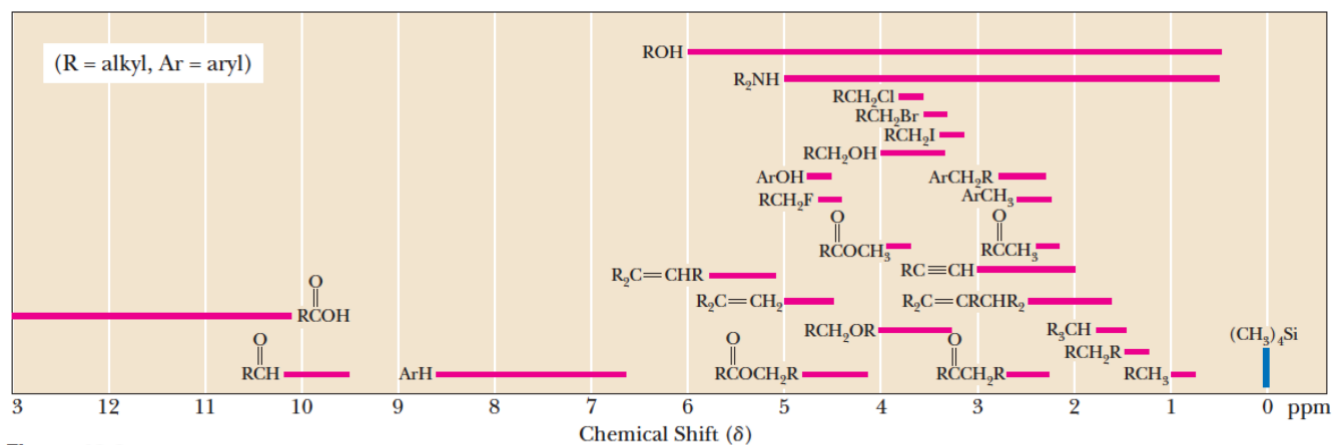
K. Electron density in pi bonds also has a large effect on H atom shielding because pi electrons are more free to circulate in an a magnetic field compared to electron density in sigma bonds. Geometry of the pi bond is important.

**Table 13.3** The Effect of Hybridization on Chemical Shift

Type of Hydrogen (R = alkyl)	Name of Hydrogen	Chemical Shift $\delta$
$RCH_3$ , $R_2CH_2$ , $R_3CH$	Alkyl	0.8–1.7
$R_2C=C(R)CH_2$	Allylic	1.6–2.6
$RC\equiv CH$	Acetylenic	2.0–3.0
$R_2C=CHR$ , $R_2C=CH_2$	Vinylic	4.6–5.7
$RCHO$	Aldehydic	9.5–10.1

Type of Hydrogen (R = alkyl, Ar = aryl)	Chemical Shift ( $\delta$ )*	Type of Hydrogen (R = alkyl, Ar = aryl)	Chemical Shift ( $\delta$ )*
$R_2NH$	0.5-5.0	$RCH_2OH$	3.4-4.0
$ROH$	0.5-6.0	$RCH_2Br$	3.4-3.6
$RCH_3$	0.8-1.0	$RCH_2Cl$	3.6-3.8
$RCH_2R$	1.2-1.4	$\begin{array}{c} O \\    \\ RCOCH_3 \end{array}$	3.7-3.9
$R_3CH$	1.4-1.7	$\begin{array}{c} O \\    \\ RCOCH_2R \end{array}$	4.1-4.7
$R_2C=CRCHR_2$	1.6-2.6	$RCH_2F$	4.4-4.5
$RC\equiv CH$	2.0-3.0	$ArOH$	4.5-4.7
$\begin{array}{c} O \\    \\ RCCH_3 \end{array}$	2.1-2.3	$R_2C=CH_2$	4.6-5.0
$\begin{array}{c} O \\    \\ RCCH_2R \end{array}$	2.2-2.6	$R_2C=CHR$	5.0-5.7
$ArCH_3$	2.2-2.5	$\begin{array}{c} O \\ / \backslash \\ H_2C \quad CH_2 \end{array}$	3.3-4.0
$RCH_2NR_2$	2.3-2.8	$\begin{array}{c} O \\    \\ RCH \end{array}$	9.5-10.1
$RCH_2I$	3.1-3.3	$\begin{array}{c} O \\    \\ RCOH \end{array}$	10-13
$RCH_2OR$	3.3-4.0		

\* Values are relative to tetramethylsilane. Other atoms within the molecule may cause the signal to appear outside these ranges.

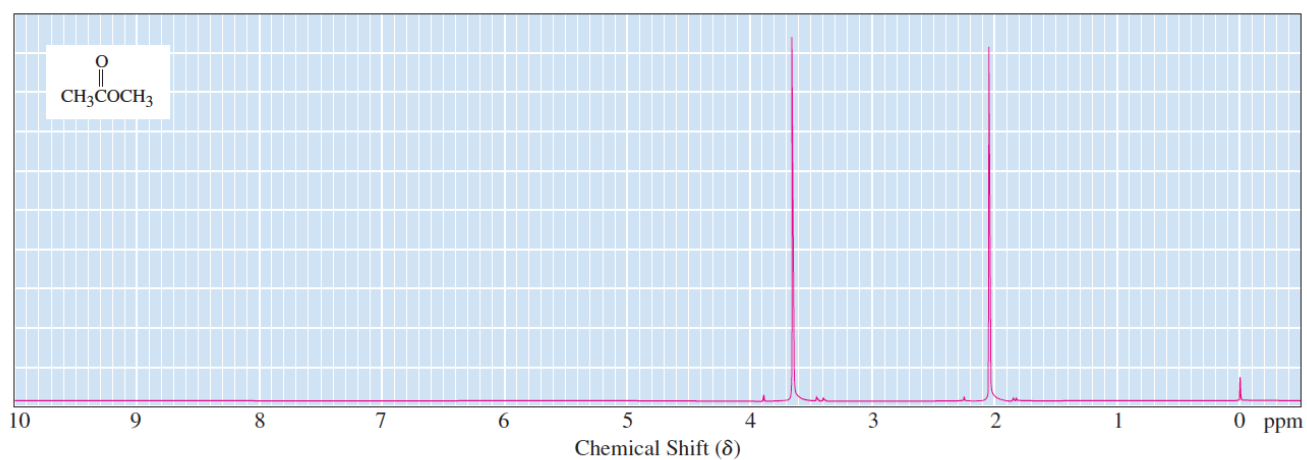


**Figure 13.8**

Average values of chemical shifts of representative types of hydrogens. These values are approximate. Other atoms or groups in the molecules may cause signals to appear outside of these ranges.



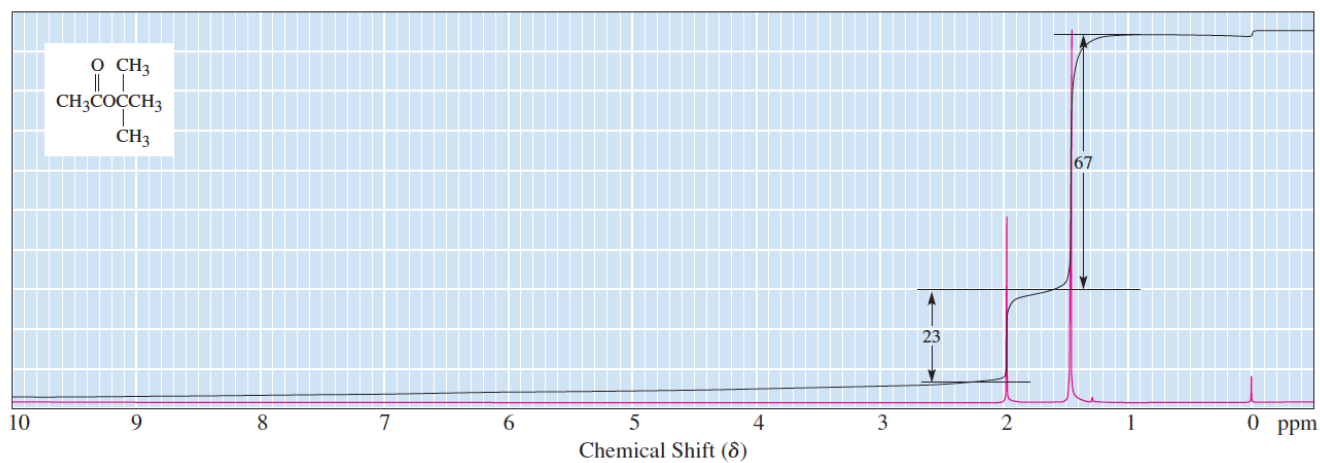
L. Chemically **equivalent** H atoms give rise to the same  $^1\text{H}$ -NMR signal. **Equivalent** H atoms have the same chemical environment because they are bonded to the same freely rotating  $sp^3$  C atom (molecular motion, nanosecond, is fast compared the time it takes for a spin to flip, microsecond) OR they are equivalent due to symmetry in the molecule.



**Figure 13.5**

$^1\text{H}$ -NMR spectrum of methyl acetate

M. The area of a  $^1\text{H-NMR}$  signal is proportional to the number of equivalent H atoms that give rise to that signal.



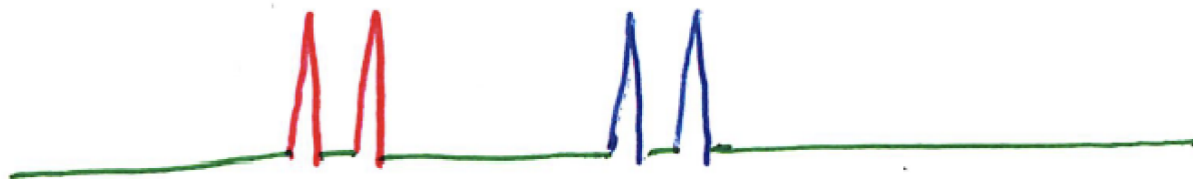
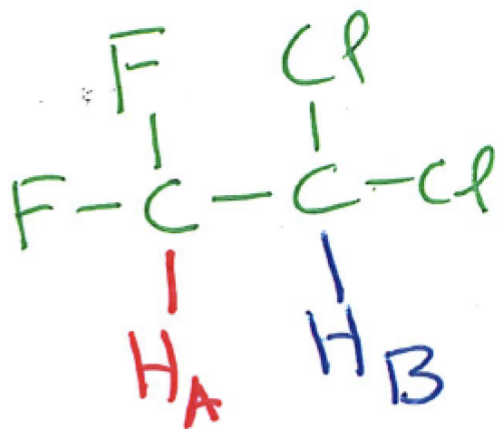
**Figure 13.7**

$^1\text{H-NMR}$  spectrum of *tert*-butyl acetate showing the integration. The total vertical rise of 90 chart divisions corresponds to 12 hydrogens, 9 in one set and 3 in the other.

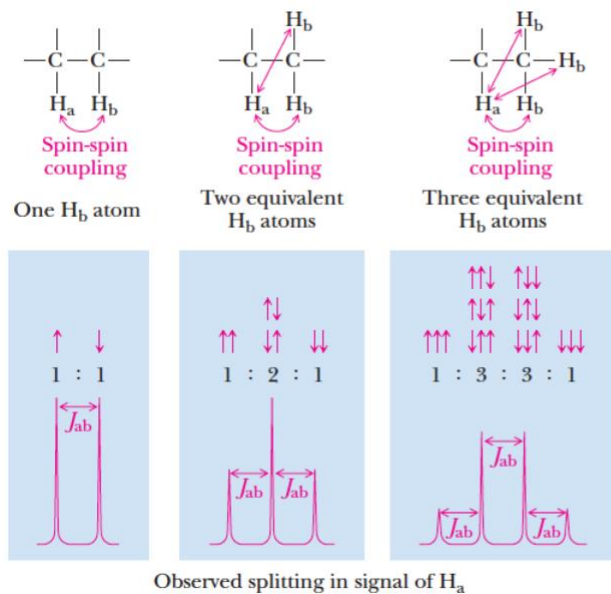
Surprising Fact  $\rightarrow$  The absolute energy difference between  $^1\text{H}$  nuclei in a  $+\frac{1}{2}$  and  $-\frac{1}{2}$  spin state is so small  $\rightarrow$  according to the Boltzmann distribution, at any one time there is only a small excess of  $^1\text{H}$  nuclear spins in the  $+\frac{1}{2}$  spin state.

Definition  $\rightarrow$

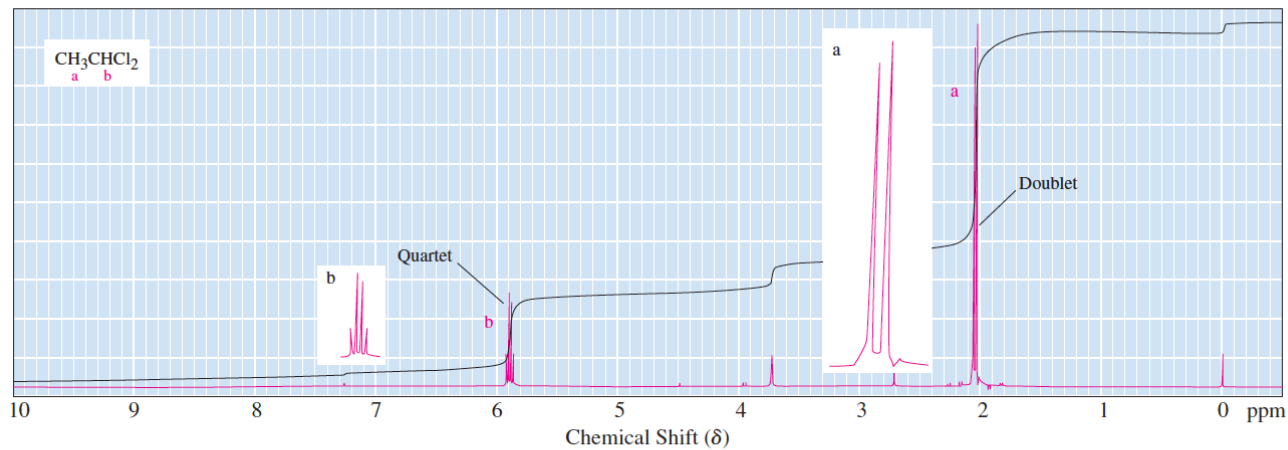
N. Adjacent nuclei have magnetic fields associated with their spins. The spins of equivalent adjacent nuclei can be either  $+1/2$  or  $-1/2$ , and at room temperature they are found in about a 50:50 mixture at any given nucleus (very slight excess of lower energy  $+1/2$ ). These can add to give  $n+1$  different spin combinations in the proportions predicted by Pascal's triangle. Each different spin combination produces a different magnetic field, which leads to  $n+1$  splittings in the peaks of the NMR spectra of the adjacent (no more than three bonds away) nuclei.



General case  $\rightarrow$  For "n" equivalent adjacent H atoms a signal is split into "n+1" peaks



**Figure 13.15**  
The origins of signal splitting patterns. Each arrow represents an  $H_b$  nuclear spin orientation.

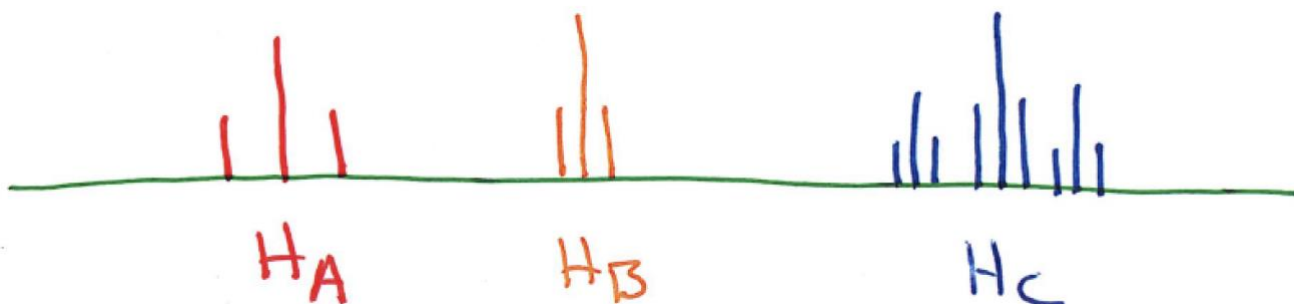
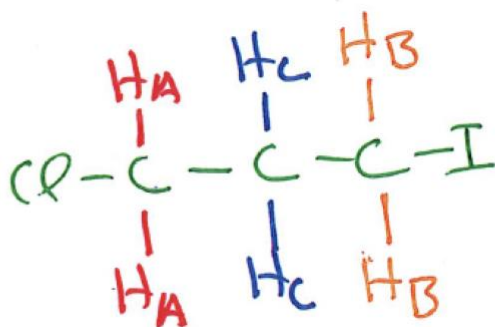


**Figure 13.12**  
 $^1H$ -NMR spectrum of 1,1-dichloroethane.

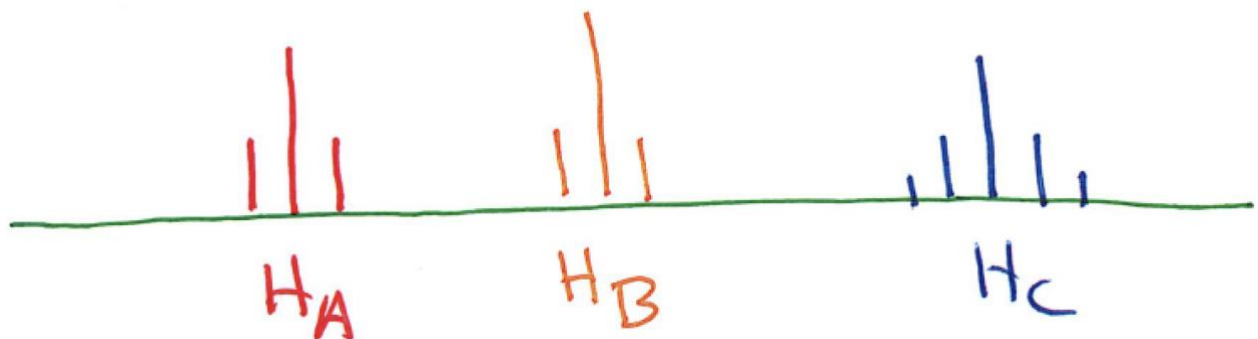
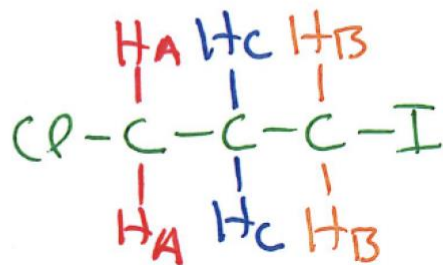
O. THEORY: When there are two sets of adjacent H atoms, the number of peaks multiply. For example, a CH<sub>2</sub> group with a CH<sub>2</sub> group and a CH<sub>3</sub> group on either side should show 3 x 4 = 12 splittings! You can say this group is a "triplet of quartets" (or a "quartet of triplets").

P. WHAT YOU WILL SEE IN REALITY : For alkyl groups complex splittings simplify because coupling constants ("J") are all about the same. In practice, if there are n adjacent H atoms, equivalent or not, you will see n+1 peaks. This is an approximation, but almost always true on spectra taken with all but the most sophisticated NMR spectrometers.

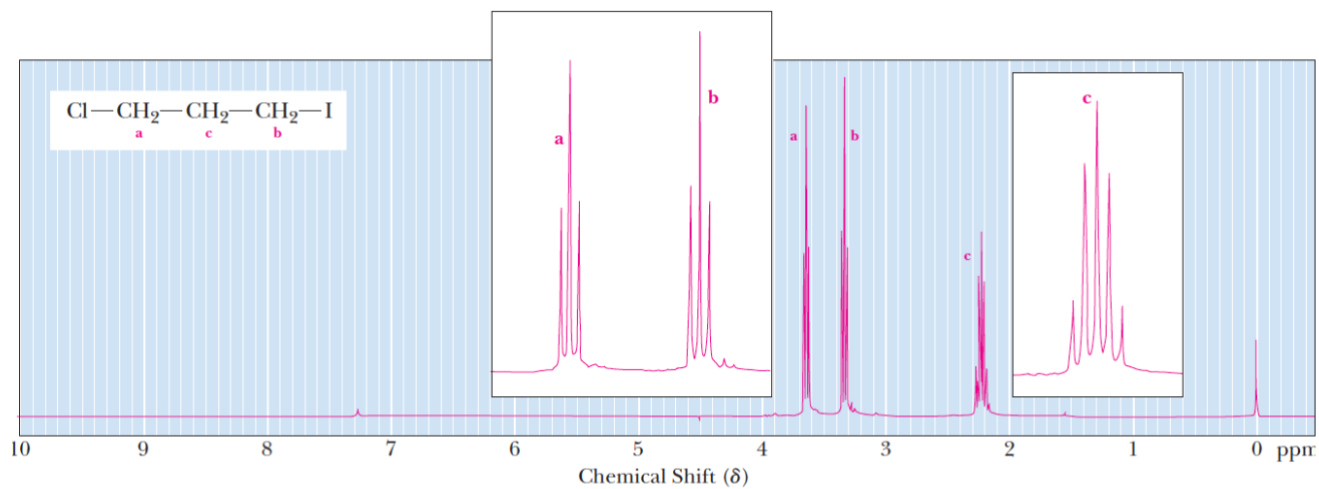
Theory: if there are H atoms on both sides, the splitting multiplies



Reality: The splitting does multiply, but  $J_{AC} = J_{BC}$  causing overlap of peaks  $\Rightarrow$  we observe  $n+1$  peaks  
 total # of adjacent H atoms

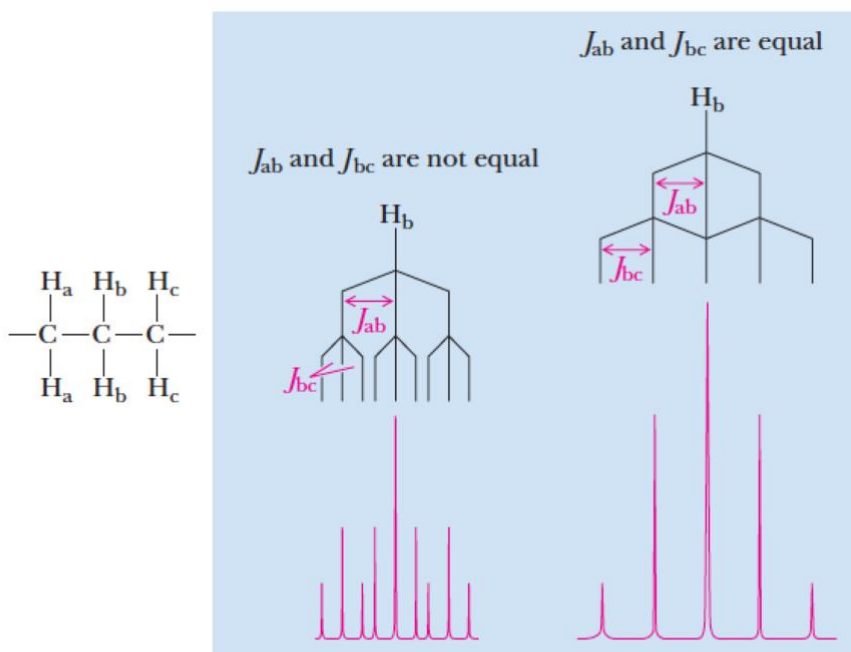






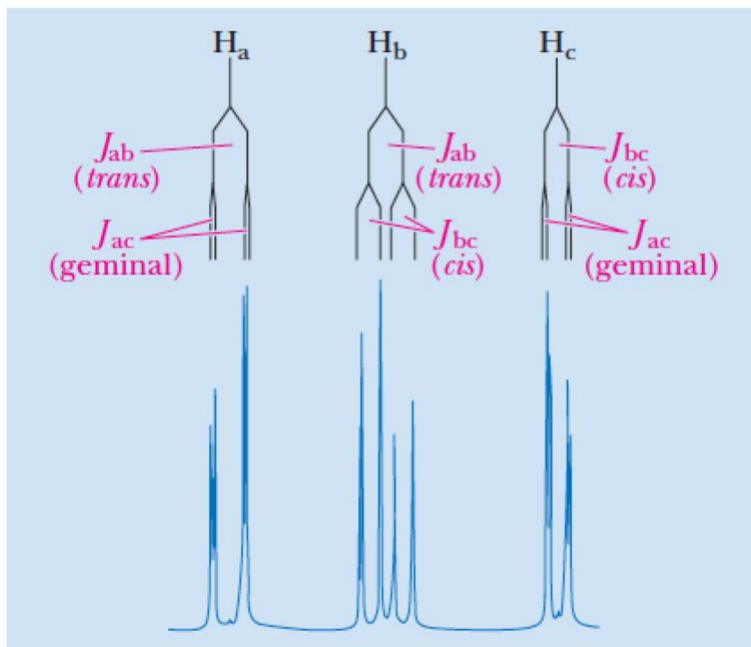
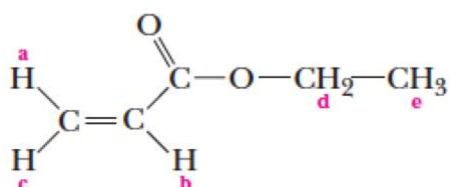
**Figure 13.26**  
 300 MHz <sup>1</sup>H-NMR spectrum of  
 1-chloro-3-iodopropane

Recap:



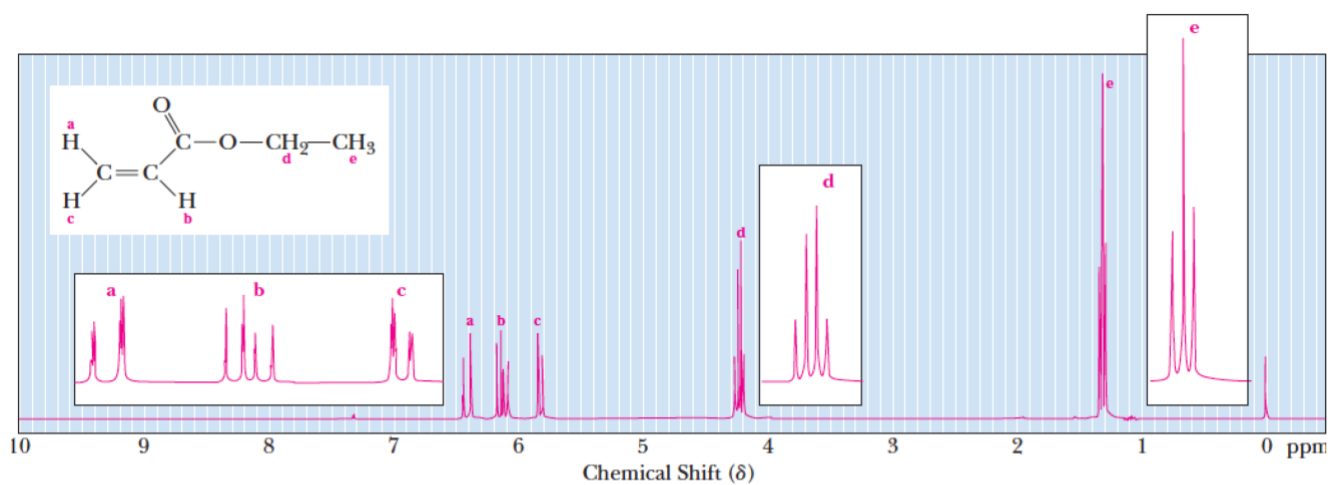
**Figure 13.25**  
 Simplification of signal splitting  
 that occurs when coupling  
 constants are the same.

Q. Non-equivalent H atoms on the same C atom can split each other (called geminal coupling), for example on alkenes or small rings. This coupling usually has very small coupling constants, so is difficult to see on some spectra.



**Figure 13.22**

Tree diagrams for the complex coupling seen for the alk- enyl H atoms in the  $^1\text{H-NMR}$  spectrum of ethyl propenoate.

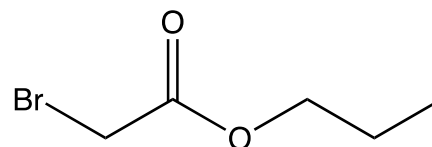
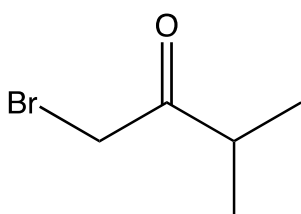
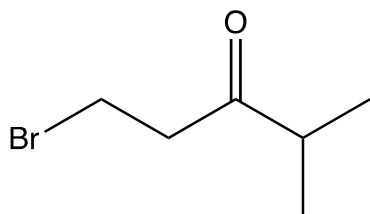
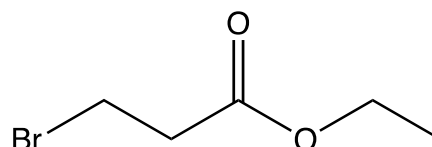
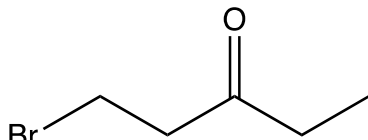
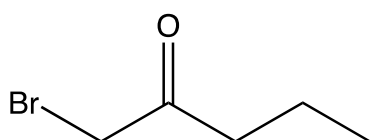
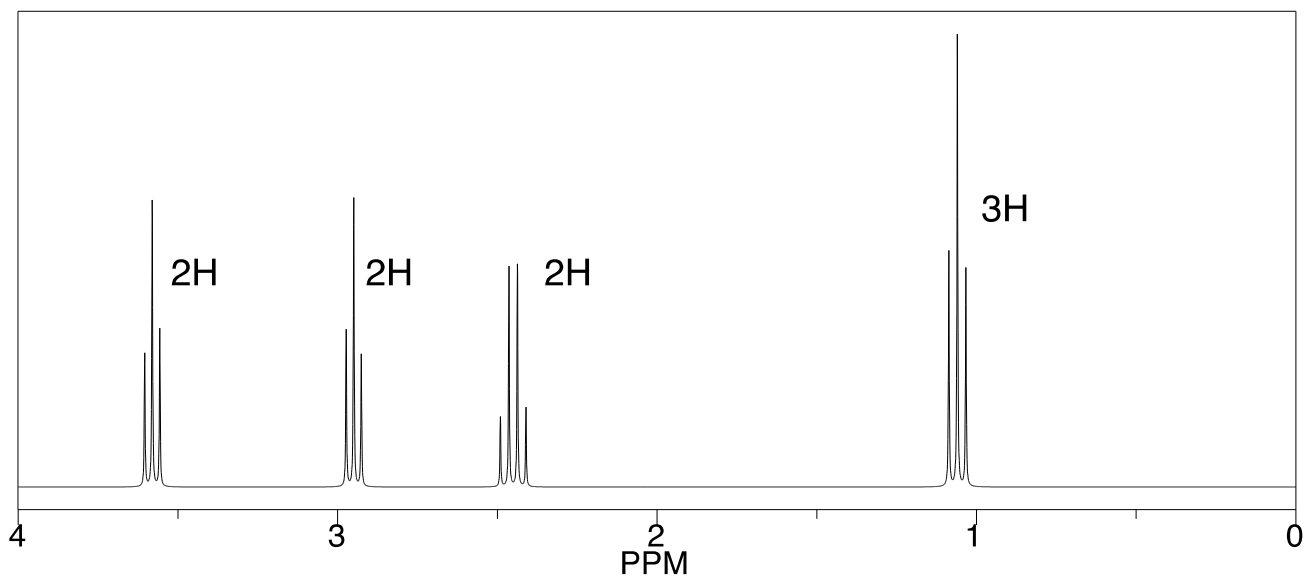


**Figure 13.21**

300 MHz  $^1\text{H-NMR}$  spectrum of ethyl propenoate.

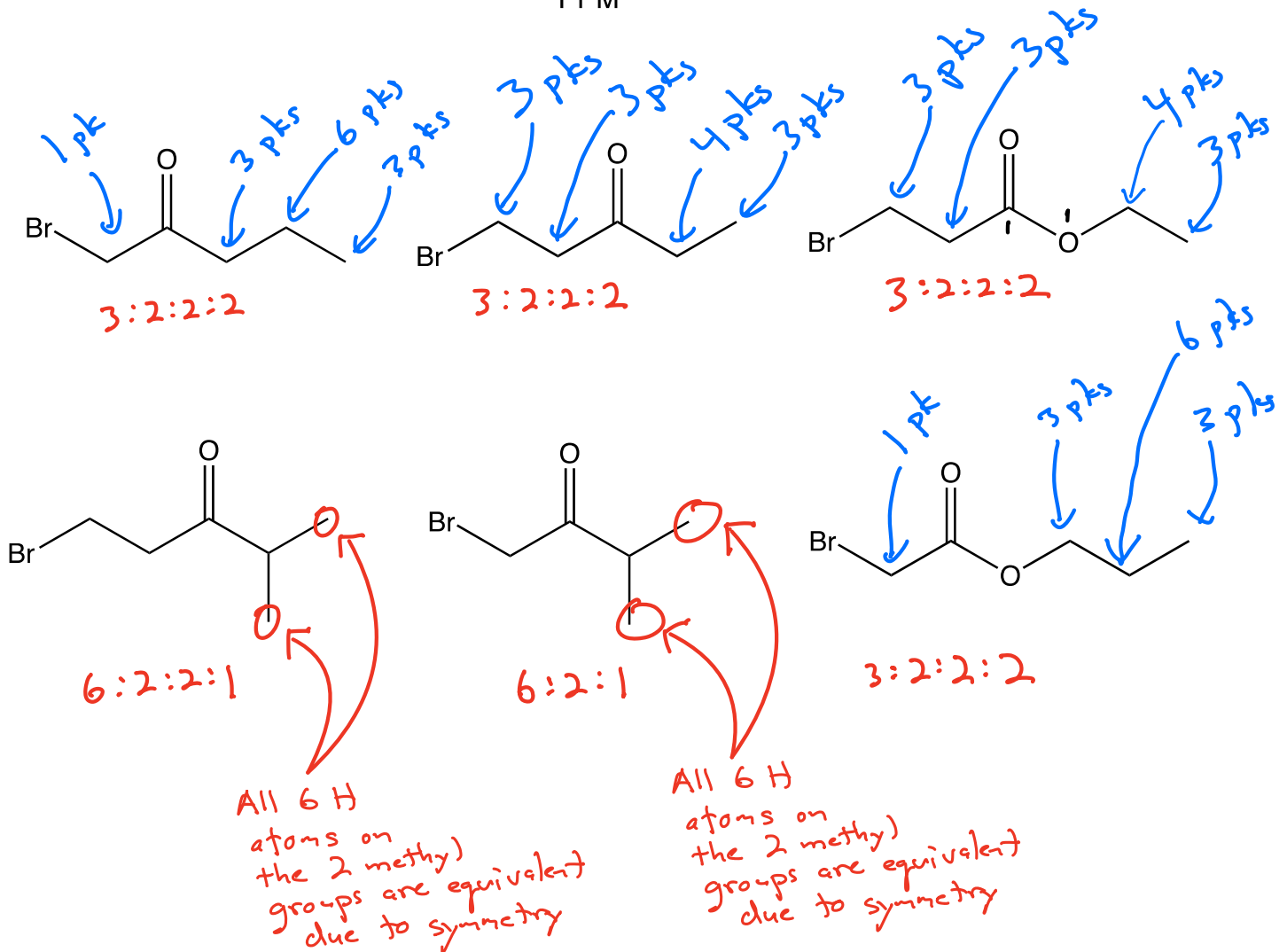
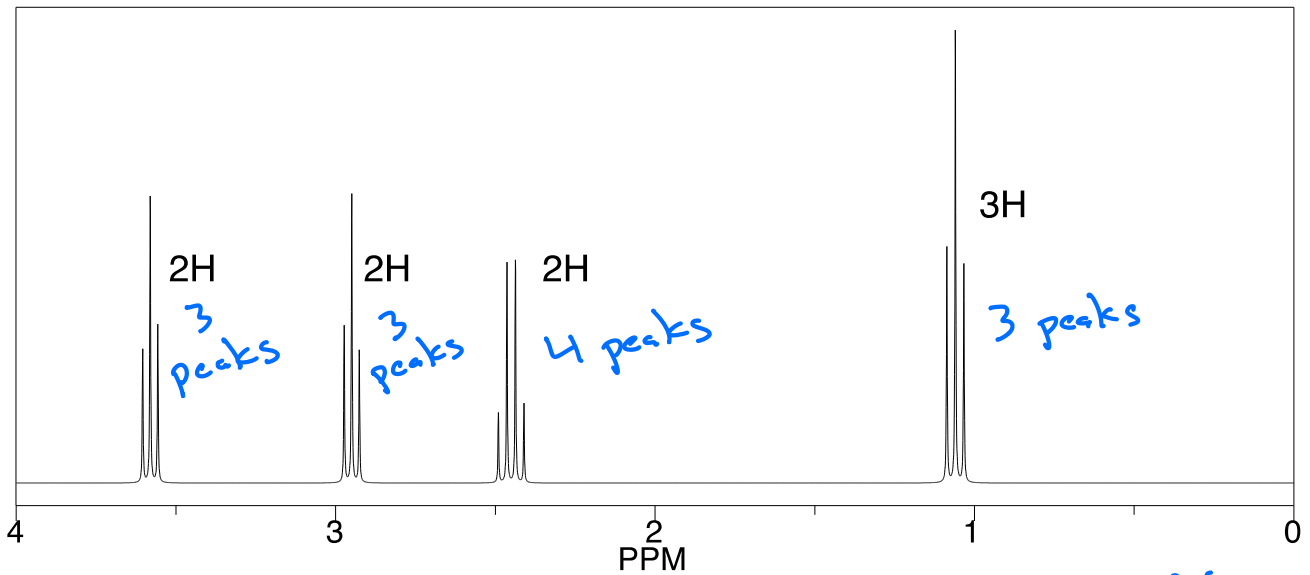
**V. When solving NMR spectra problems:**

- 1) Determine number and relative integrations of signals predicted for a given structure**
- 2) Make sure the splitting pattern matches with the spectrum for each signal and**
- 3) If the number and relative integrations as well as splitting patterns match with the spectra, compare expected chemical shifts with those of the signals in the spectra.**



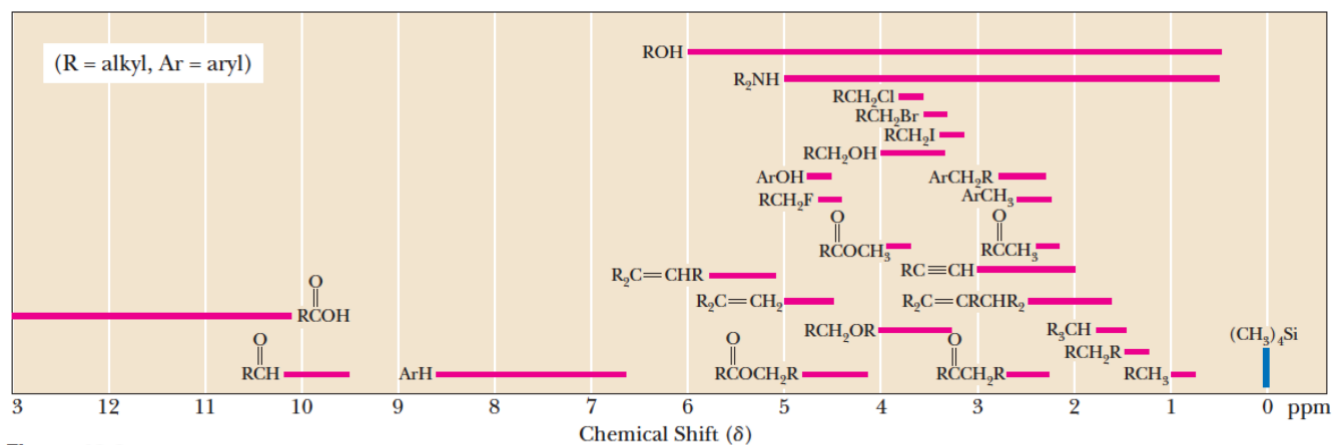
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$ROH$	0.5-6.0	$RCH_2Br$	3.4-3.6
$RCH_3$	0.8-1.0	$RCH_2Cl$	3.6-3.8
$RCH_2R$	1.2-1.4	$\begin{array}{c} O \\    \\ RCOCH_3 \end{array}$	3.7-3.9
$R_3CH$	1.4-1.7	$\begin{array}{c} O \\    \\ RCOCH_2R \end{array}$	4.1-4.7
$R_2C=CRCHR_2$	1.6-2.6	$RCH_2F$	4.4-4.5
$RC\equiv CH$	2.0-3.0	$ArOH$	4.5-4.7
$\begin{array}{c} O \\    \\ RCCH_3 \end{array}$	2.1-2.3	$R_2C=CH_2$	4.6-5.0
$\begin{array}{c} O \\    \\ RCCH_2R \end{array}$	2.2-2.6	$R_2C=CHR$	5.0-5.7
$ArCH_3$	2.2-2.5	$\begin{array}{c} O \\ / \backslash \\ H_2C \quad CH_2 \end{array}$	3.3-4.0
$RCH_2NR_2$	2.3-2.8	$\begin{array}{c} O \\    \\ RCH \end{array}$	9.5-10.1
$RCH_2I$	3.1-3.3	$\begin{array}{c} O \\    \\ RCOH \end{array}$	10-13
$RCH_2OR$	3.3-4.0		

\* Values are relative to tetramethylsilane. Other atoms within the molecule may cause the signal to appear outside these ranges.



**Figure 13.8**

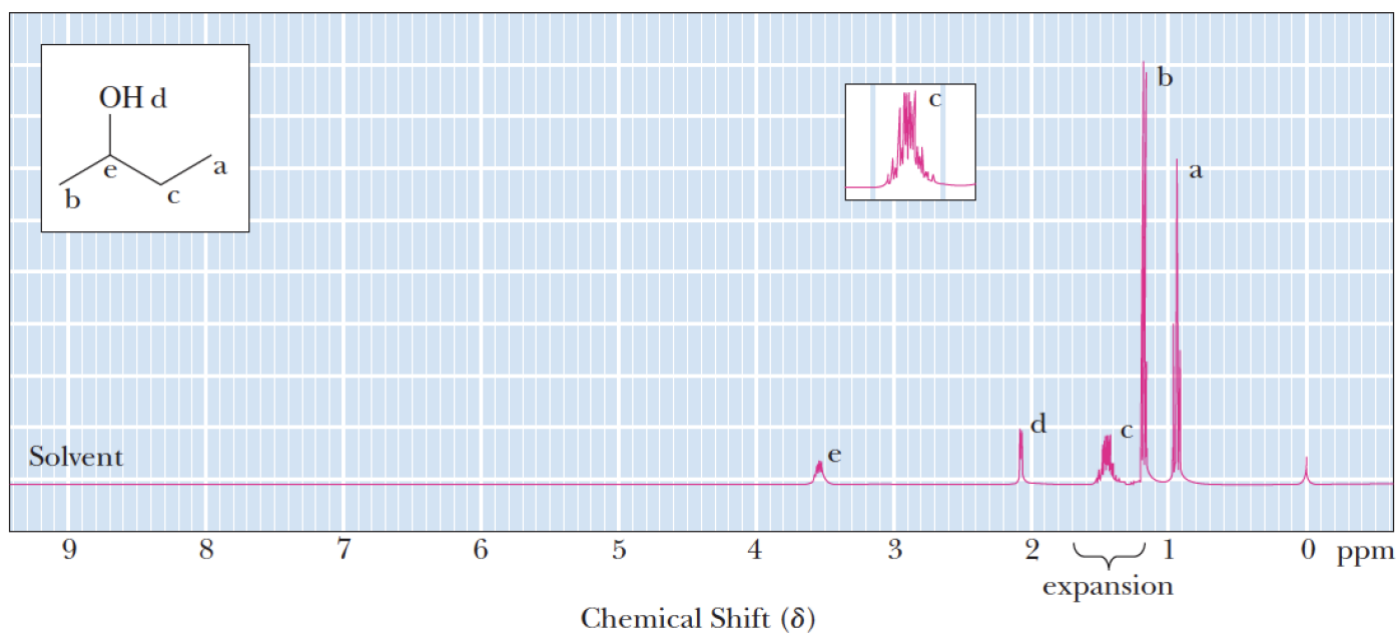
Average values of chemical shifts of representative types of hydrogens. These values are approximate. Other atoms or groups in the molecules may cause signals to appear outside of these ranges.

R. Deuterium atoms do not show up in  $^1\text{H}$ -NMR spectra, so deuterated solvents are used to dissolve NMR samples.

S. The H atoms of relatively acidic functional groups (alcohols, carboxylic acids, amines) exchange rapidly, so they often do not split adjacent protons, and they can be replaced (signal disappears) with deuterium by adding a drop of  $\text{D}_2\text{O}$  to the NMR sample.

T. H-bonding changes the location of a signal for H-bonding groups in a concentration dependent manner explaining why  $-\text{OH}$  and  $-\text{NH}_2$  group signals can vary so much in location.

U. The splitting of a  $-\text{CH}_2-$  group adjacent to a chiral center will be "messed up", that is split into many peaks. This is useful for identifying chiral centers in molecules.



W. The old way to carry out an NMR experiment: Scan wavelengths (ex. High to low ppm) of radiofrequency electromagnetic radiation then measure absorbance during the scan. This is NOT used any more.

X. What we did not tell you: After a nuclear spin is flipped back from  $+1/2$  to  $-1/2$ , it will relax back to the  $+1/2$  spin state and EMIT a photon of the same wavelength it absorbed in the first place.

Y. How modern NMR works:

The sample is irradiated with simultaneously in a short blast  $\rightarrow$

Then the sample is monitored for as the nuclear spins "relax" back to  $+1/2$  spin states. The emitted photons are analyzed using a mathematical technique called to extract frequency and intensity information. The frequency and intensity information is used to plot the spectrum on the ppm scale.

Z. The Fourier transform converts the emitted photon data into component wavelength and intensity information that is plotted on the ppm scale.

**MRI** – Nuclear Magnetic Resonance Imaging – Produces a 3-d image inside the body.

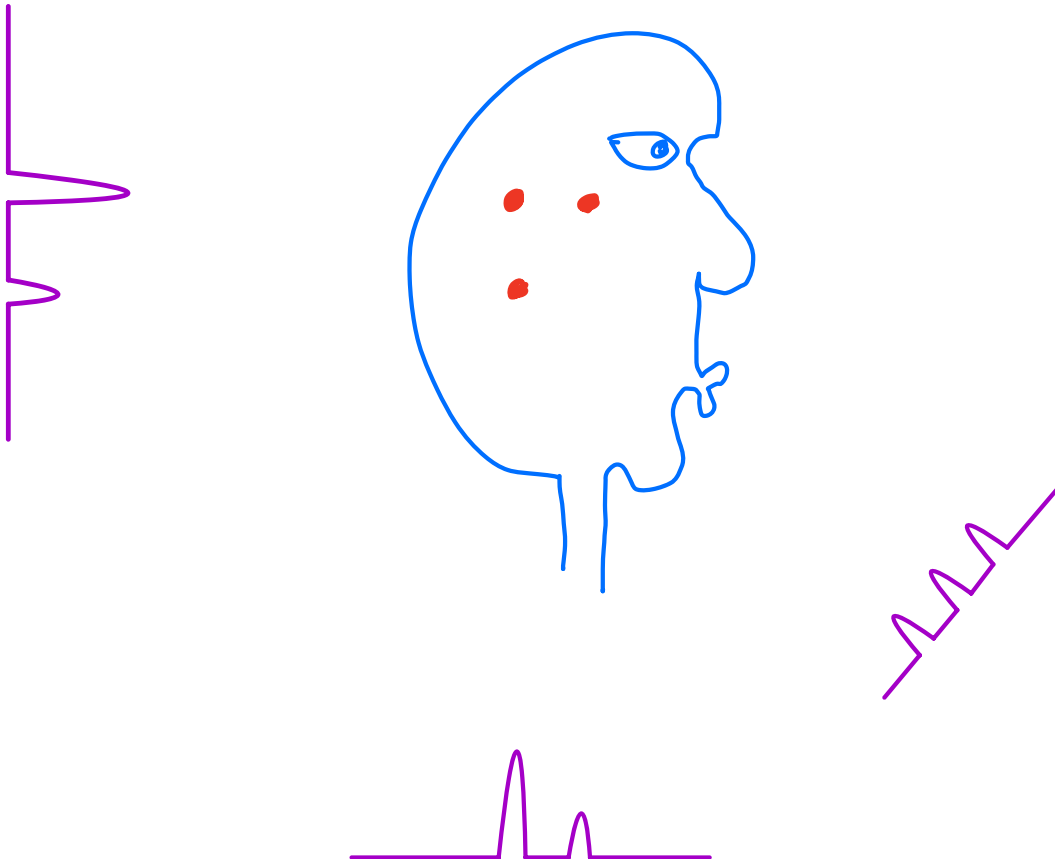
**MRI** is similar in approach, but complementary to, a CAT scan, which uses X-rays for imaging.

**MRI** is therefore safer than a CAT scan (no X-rays or other damaging radiation is used). Radiofrequency electromagnetic radiation does not cause DNA damage or any other kind of damage.

**MRI** primarily visualizes soft-tissue and especially cancer tumors while a CAT scan primarily visualizes bones or Calcium based dyes drunk to visualize the digestive tract.

**MRI** uses the same principles and NMR.

- 1) The patient is placed in a very strong magnetic field. Creating this very strong magnetic field is technically very demanding, explaining MRI machines are so expensive (~ 0.5 – 1.5 \$ million)
- 2) The patient is irradiated with radiofrequency electromagnetic radiation.
- 3) The flipping (resonance) of  $^1\text{H}$  nuclear spins is monitored – Actually emitted photons are measured using the FT method.
- 4) Magnetic field gradients are used to gain imaging information. The magnetic field gradients are rotated around a central point and measurements are taken at each angle around  $360^\circ$  to gain 2-dimensional information. This technique is called **tomography**.





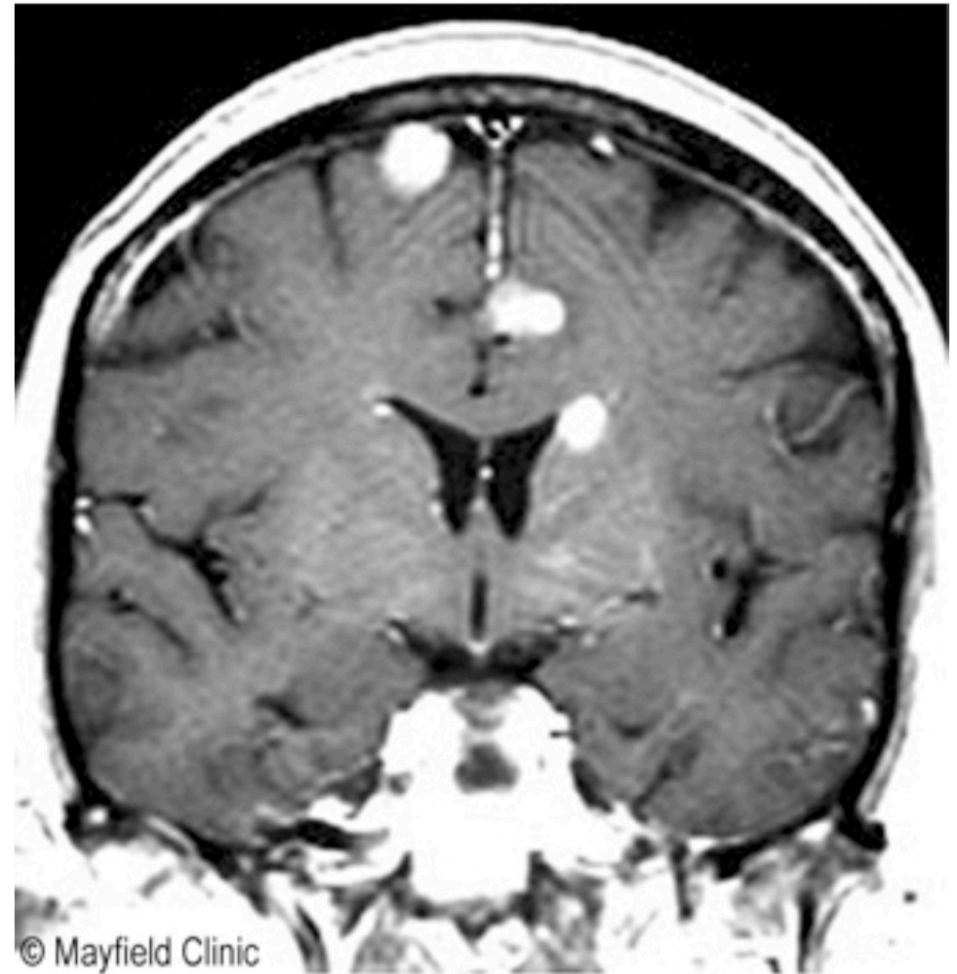
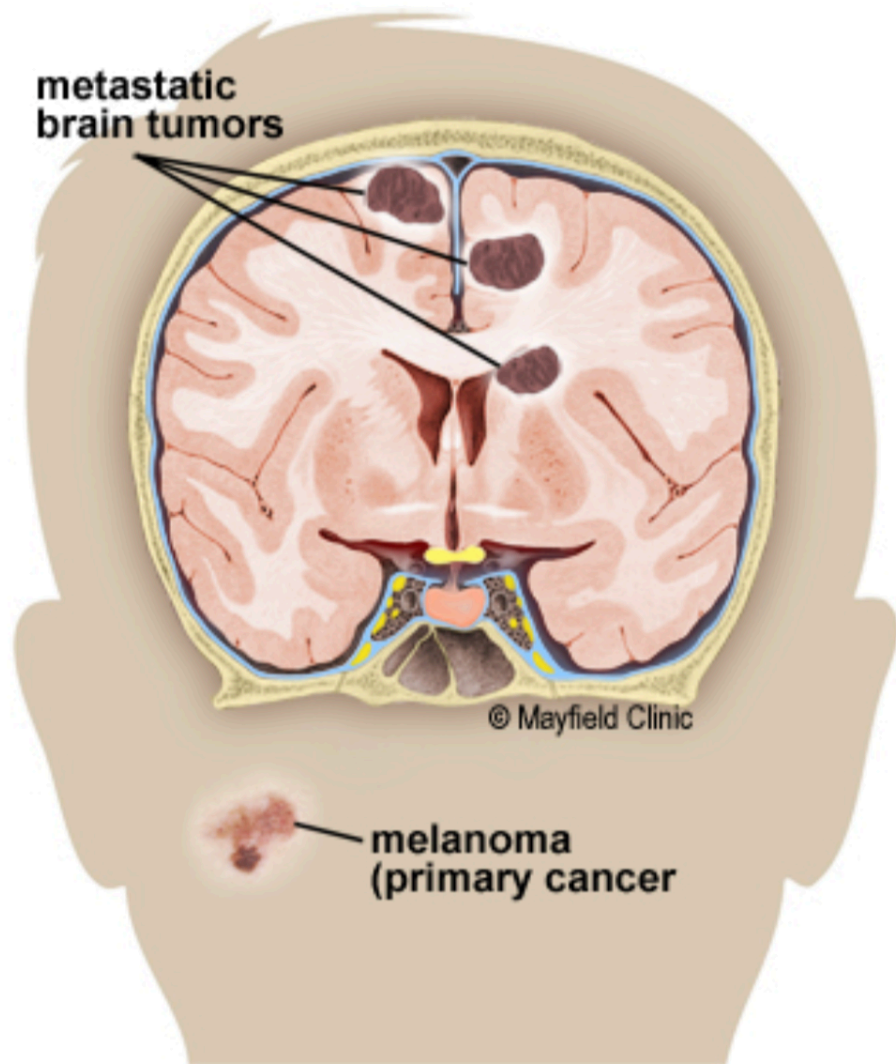
The overall **MRI** imaging approach involves looking at each 2-dimensional slice.

Each slice is added to give a 3-dimensional stack (analogous to stacking DVD's or CD's).

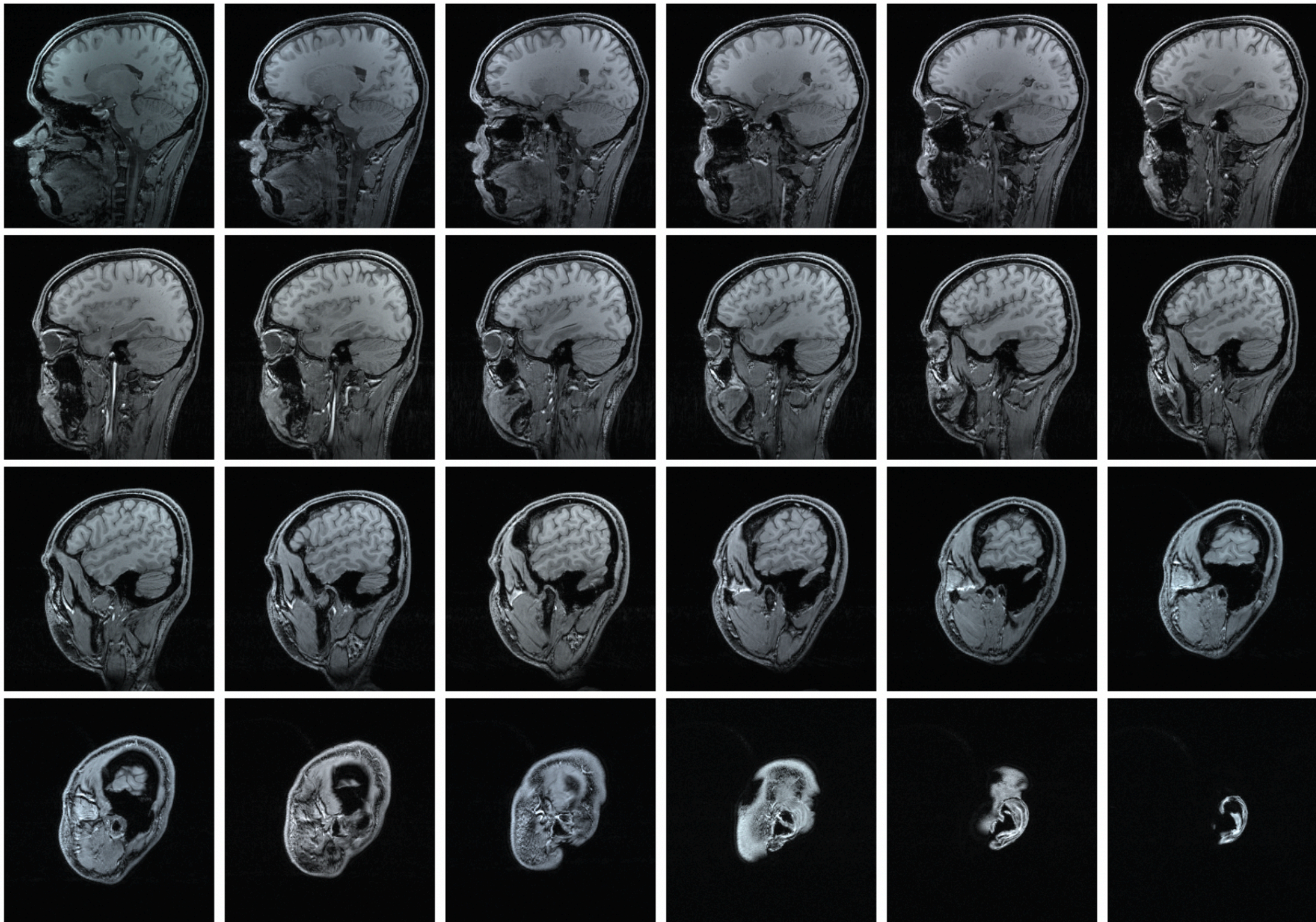
Each slice is shaded to indicate differences in the amount of  $^1\text{H}$  atoms in different areas/tissues.

Water and fat have the highest density of  $^1\text{H}$  atoms, so these are primarily being monitored in an **MRI** image.

The popular medical diagnostic technique of **magnetic resonance imaging (MRI)** is based on **the same principles as NMR**, namely the **flipping (i.e. resonance) of nuclear spins of H atoms by radio frequency irradiation** when a patient is placed in **a strong magnetic field**. **Magnetic field gradients are used to gain imaging information, and rotation of the gradient around the center of the object gives imaging in an entire plane (i.e. slice inside patient)**. In an MRI image, you are looking at **individual slices that when stacked make up the three-dimensional image of relative amounts of H atoms**, especially the H atoms from **water and fat, in the different tissues** [Memorize the preceding passage, as it will be worth 14 points on the final. No I am not kidding, 14 points right there.]



**Figure 1. Illustration and MRI of multiple metastatic brain tumors that have spread from the melanoma skin cancer on the face.**



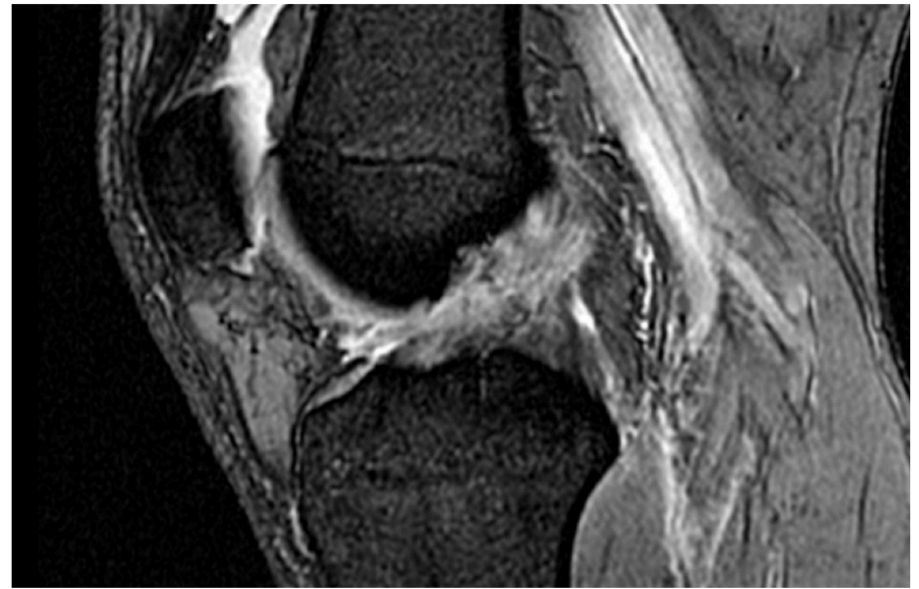
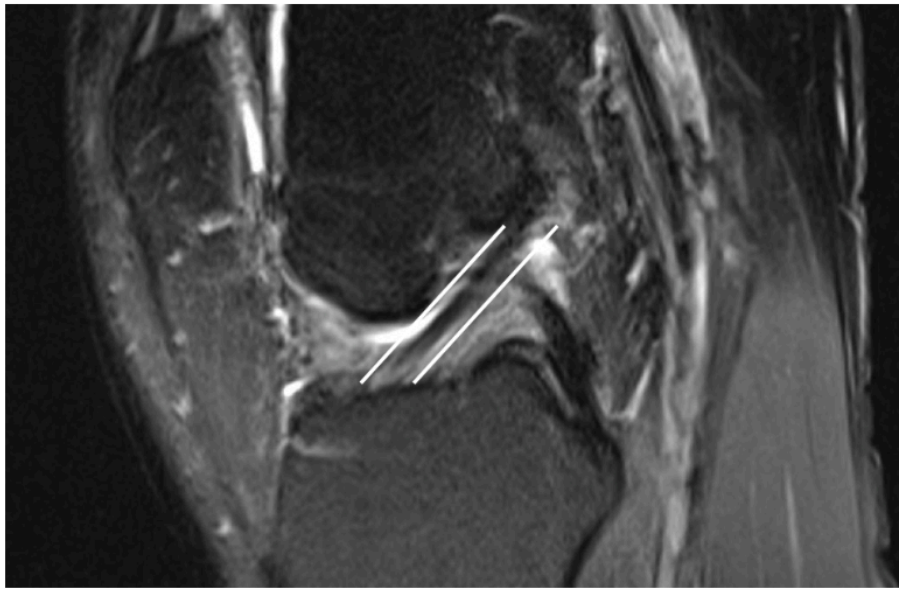


Image 13-16: MRI images of a normal ACL (between white lines), ruptured ACL (ligament not clearly visible), bone marrow oedema (white arrows) and anterior tibial translation.